Pre-trip Questionnaire (one form per group is fine)

Thank you for joining us on one of our multi-day sea kayak & snorkelling trips to Coiba Island National Marine Park.  In order to better serve you, please fill out the following form for each person joining our adventure and email it back to michael@fluidadventurespanama.com.  Thanks so much for your time and cooperation – we look forward to meeting you!

Name:  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Trip Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age:  \_\_\_\_\_\_\_\_\_\_           Height:  \_\_\_\_\_\_\_\_\_\_             Weight:  \_\_\_\_\_\_\_\_\_\_

Home Country:  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Allergies (food, insects, etc):  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Dietary Restrictions (ie – vegetarian, gluten free, vegan, etc. Please specify):  N/A \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Pertinent Medical History (ie – diabetic, cardiac problems, etc):     N/A \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_    
Any Physical Restrictions (ie – bad hips, knees, shoulders, etc):     N/A

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Swimming Ability:       Poor     Average     Strong

Snorkelling Experience:     Beginner       Intermediate     Advanced

Kayaking Experience:       Beginner       Intermediate     Advanced

Camping Experience:        Beginner       Intermediate     Advanced

What is your main purpose for visiting Coiba? What wildlife do you most hope to see?

Thank You!  Muchas Gracias!  Merci Beaucoup!  Danke!  Muito Obrigado!